



# Capt. Curtis's 10 Rules to Live By

**OR, HOW TO BE A REAL-LIFE SUPERHERO**

# Objectives

- Identify Cpt. Curtis' Ten Rules to Live By
- Understand why entitlement is so toxic, and toxic people are even worse.
- *Ok, just kidding. This isn't something you have to take notes on, it's just my final thoughts on life, education, and what I would like to send you off in to the world knowing...  
...or at least for the summer*

- Terms:
  - Common Sense
  - Gen Z
  - YOLO
  - Poggers

# Rule #1 – Don’t Sweat the Small Stuff

- Hint – It’s *all* small stuff
- Realize some days must be dark and dreary, but the sun, like you, will always rise eventually.
- *Or, as my father says, “When the chips are down, the buffalo is empty.”*
- *Also, remember, it could be worse...*



# YouTube Link – Rule 1

**A = <https://youtu.be/PAFt9ZcsqtA>**

**B = <https://youtu.be/TuDjQiBOY1U>**

# Rule #2 – Be A Good Neighbor

- Everyone on Planet Earth is your neighbor
  - Remember what kind of neighbors *you* would like
- A man makes a living by what he gets, and a life by what he gives
- *Jewish Law #1 – You can get anything you want in this world if you help enough other people get what they want*

## YouTube Link – Rule 2

**A = <https://youtu.be/TmGdgHdEP18>**

**B = <https://youtu.be/hcyYqZCLHcA>**

# Rule #3 – You’re Not All That

- **BE HUMBLE**

- **There is always someone better than you at anything you do. This shouldn't *discourage* you, but *encourage* you to strive for greatness**
- **You can always learn – for if you ever stop improving, or learning, you might as well be dead.**
- **This also goes to 'Murica. We are NOT the end all, be all, or best at everything.**

# YouTube Link – Rule 3

**<https://youtu.be/UxIRMkR1cHM>**

# Rule #4 – Gratitude is the Best Attitude

- Be a thankful person
- Recognize the difference between a *right* and a *privilege*
- Entitlement serves no one
  - *The only thing you are “entitled” to may be a kick in the head*
- Nobody regrets being thankful, and sometimes that little act of kindness can change the world... or change someone else's world



## YouTube Link – Rule 4

**[https://youtu.be/Q7gtz\\_j0TGE](https://youtu.be/Q7gtz_j0TGE)**

# Rule #5 – Ignorance Breeds Contempt

- We hate what we don't understand
  - *Except for Red Sox fans... they are pure evil* ☺
- When you get to know a person you rarely hate them
- Be a person who judges others by their actions, NOT by their race, religion, sexuality, age, gender, job, or finances.
- What unites us, is far greater than what divides us.”

• *-John F. Kennedy*

- We live in a time where school shootings, riots, and labeling entire groups as “bad” (or with awful nicknames) is common.

***Bullies will always exist... but so will those who fight them...***

# YouTube Link – Rule 5

A = <https://youtu.be/XsxLiiEV494>

B = <https://youtu.be/o7dmuRAtrNo>

# Rule #6 – Find Your Passion

- Whether it be stamps, stickers, comics, cards, Captain America stuff, or anything else, find something you are passionate about.
- Life can have a lot of suck, but it also has a lot of joy... find yours
- *Medicine vs. Music*

# YouTube Link – Rule 6

**<https://youtu.be/nBg9tIRgut0>**

# Rule #7 - Find Your Thermopylae

- Around 480 BC 300 Spartans were willing to die to stop an invasion, and in so doing paved the way for Democracy...
- What are YOU willing to die for?
  - “I weep for the thousands who have lived long years, never knowing a belief for which they would die, or a cause for which they would sacrifice all. It is they who have truly never lived.”  
- Nathan Hale
- Everybody Dies, but not everybody lives
- More importantly, what are you willing to LIVE for?

## YouTube Link – Rule 7

**<https://youtu.be/47RI5QTRr6c>**

# Rule #8 – Life is the Great Adventure

- Try new things, meet new people, eat new foods, go new places, and look at things from a new perspective. You'll be surprised the things you love that you don't yet even know exist.
- “Life is either a great adventure, or it is nothing” - *Helen Keller*

# Rule #8 – Life is the Great Adventure

- Life's journey is *not* to arrive safely at the grave in a well-preserved body, but, rather, to skid in sideways, totally worn out, shouting, “Wow, what a ride.”
- *The only limits to what man can accomplish are the limits of imagination.*”

*- Walt Disney*

## YouTube Link – Rule 8

A = <https://youtu.be/SH9JV2cFCfl>

B = [https://youtu.be/k0Sos\\_FN\\_Yk](https://youtu.be/k0Sos_FN_Yk)

# Rule #9 – Remember Whose You Are

- You will always represent something or someone else – family, school, business, church, etc.
  - *Yes, even UMA*
- The things you do can have effects far beyond your small scope.



**The Power of Example**  
***Colonel Thomas Kane***



**Born for Greatness**  
***Louis XIV of France***

## YouTube Link – Rule 9

**<https://youtu.be/PKg1rZaAKxo>**

# Rule #10 - The Best is yet to Come

*Put your own rules here ☺*

- Rule 1 – Don't Sweat the Small Stuff
- Rule 2 – Be A Good Neighbor
- Rule 3 – You're Not All That
- Rule 4 – Gratitude is the Best Attitude
- Rule 5 – Ignorance Breeds Contempt
- Rule 6 – Find Your Passion
- Rule 7 – Find Your Thermopylae
- Rule 8 – Life Is The Great Adventure
- Rule 9 – Remember Whose You Are
- Rule 10 - The Best Is Yet To Come

- **And now, go forth and slay the  
Jabberwock**

- **Or Change the World**

- **See You Around...**

*it's been an honor.*

That's all Folks!  
Any Questions?