



Cap. Curtis's 10

Rules to Live By

OR, HOW TO BE A REAL-LIFE SUPERHERO

Objectives

- Identify Cpt. Curtis' Ten Rules to Live By
 - Understand why entitlement is so toxic, and toxic people are even worse.
 - *Ok, just kidding. This isn't something you have to take notes on, it's just my final thoughts on life, education, and what I would like to send you off in to the world knowing...*
...or at least for the summer
- **Terms:**
 - Common Sense
 - Gen Z
 - YOLO
 - Poggers

Rule #1 – **D**on't **S**weat the **S**mall **S**tuff

- **Hint – It's *all* small stuff**
- **Realize some days must be dark and dreary, but the sun, like you, will always rise eventually.**
 - *Or, as my father says, "When the chips are down, the buffalo is empty."*
- ***Also, remember, it could be worse...***



YouTube Link – Rule 1

A = <https://youtu.be/PAFt9ZcsqtA>

B = <https://youtu.be/TuDjQiB0Y1U>

Rule #2 – **B**e **A** **G**ood **N**eighbor

- **Everyone on Planet Earth is your neighbor**
 - **Remember what kind of neighbors *you* would like**
- **A man makes a living by what he gets, and a life by what he gives**
- ***Jewish Law #1 – You can get anything you want in this world if you help enough other people get what they want***

YouTube Link – Rule 2

A = <https://youtu.be/TmGdgHdEP18>

B = <https://youtu.be/hcyYqZCLHcA>

Rule #3 – ou're ot ll hat


- **BE HUMBLE**

- **There is always someone better than you at anything you do. This shouldn't *discourage* you, but *encourage* you to strive for greatness**
- **You can always learn – for if you ever stop improving, or learning, you might as well be dead.**
- **This also goes to 'Murica. We are NOT the end all, be all, or best at everything.**

YouTubelink – Rule 3

<https://youtu.be/UxIRMkR1cHM>

Rule #4 – **G**ratITUDE is the **B**est **A**ttitude

- **Be a thankful person** 
- **Recognize the difference between a *right* and a *privilege***
- **Entitlement serves no one**
 - ***The only thing you are “entitled” to may be a kick in the head***
- **Nobody regrets being thankful, and sometimes that little act of kindness can change the world... or change someone else's world**

YouTube Link – Rule 4

https://youtu.be/Q7gtz_j0TGE

Rule #5 – **I**gnorance **B**reeds **C**ontempt

- **We hate what we don't understand**
 - *Except for Red Sox fans... they are pure evil 😊*
- **When you get to know a person you rarely hate them**
- **Be a person who judges others by their actions, NOT by their race, religion, sexuality, age, gender, job, or finances.**
- **What unites us, is far greater than what divides us.”**
 - *-John F. Kennedy*
- **We live in a time where school shootings, riots, and labeling entire groups as “bad” (or with awful nicknames) is common.**
Bullies will always exist... but so will those who fight them...

YouTube Link – Rule 5

A = <https://youtu.be/XsxLiiEV494>

B = <https://youtu.be/o7dmuRAtrNo>

Rule #6 – **F**ind **Y**our **P**assion

- **Whether it be stamps, stickers, comics, cards, Captain America stuff, or anything else, find something you are passionate about.**
- **Life can have a lot of suck, but it also has a lot of joy... find yours**
- ***Medicine vs. Music***

YouTubelink – Rule 6

<https://youtu.be/nBg9tIRgut0>

Rule #7 – **F**ind **Y**our **G**harmopylae

- **Around 480 BC 300 Spartans were willing to die to stop an invasion, and in so doing paved the way for Democracy...**
- **What are YOU willing to die for?**
 - **“I weep for the thousands who have lived long years, never knowing a belief for which they would die, or a cause for which they would sacrifice all. It is they who have truly never lived.”**
- Nathan Hale
- **Everybody Dies, but not everybody lives**
- **More importantly, what are you willing to LIVE for?**

YouTubelink – Rule 7

<https://youtu.be/47RI5QTRr6c>

Rule #8 – **L**ife is the **G**reat **A**dventure

- **Try new things, meet new people, eat new foods, go new places, and look at things from a new perspective. You'll be surprised the things you love that you don't yet even know exist.**
- **“Life is either a great adventure, or it is nothing” - *Helen Keller***

Rule #8 – **L**ife is the **G**reat **A**dventure

- **Life's journey is *not* to arrive safely at the grave in a well-preserved body, but, rather, to skid in sideways, totally worn out, shouting, "Wow, what a ride."**
- ***The only limits to what man can accomplish are the limits of imagination."***

- Walt Disney

YouTUBE Link – Rule 8

A = <https://youtu.be/SH9JV2cFCfI>

B = https://youtu.be/k0S0s_FN_Yk

ule #9 – emember hose ou re

- **You will always represent something or someone else – family, school, business, church, etc.**
 - ***Yes, even UMA***
- **The things you do can have effects far beyond your small scope.**



The Power of Example
Colonel Thomas Kane



Born for Greatness
Louis XIV of France

YouTubelink – Rule 9

<https://youtu.be/PKg1rZaAKxo>

Rule #10 – **T**he **B**est is yet to **C**ome

Put your own rules here 😊

- **Rule 1 – Don't Sweat the Small Stuff**
 - **Rule 2 – Be A Good Neighbor**
 - **Rule 3 – You're Not All That**
- **Rule 4 – Gratitude is the Best Attitude**
- **Rule 5 – Ignorance Breeds Contempt**
 - **Rule 6 – Find Your Passion**
 - **Rule 7 – Find Your Thermopylae**
- **Rule 8 – Life Is The Great Adventure**
- **Rule 9 – Remember Whose You Are**
 - **Rule 10 - The Best Is Yet To Come**

- **And now, go forth and slay the
Jabberwock**

- **Or Change the World**

- **See You Around...**

it's been an honor.



That's all Folks!

Any Questions?